

At Brightview Senior Living, dining is more than just a meal – it's an experience filled with delightful memories and delicious food. Imagine dining out with friends every night, enjoying chef-prepared meals, scrumptious desserts, and your favorite drinks from a diverse menu. Whether you prefer a homecooked favorite or need special dietary options, every bite is packed with fresh, seasonal flavors.

If you get hungry between meals, you can stop by our café for a coffee, juice or snack. Wrap up your days with a beer, wine, and conversation with friends.

Our restaurant-style dining features daily specials and a selection of popular dishes that are always available and included in your monthly fee. You can even ask our chef to prepare a special treat you've been craving. Plus, our Dining Services Director will regularly check in to learn about your favorite meals and recipes.

Join us at Brightview Senior Living and savor the exceptional dining experiences that make every day extraordinary.

### Starters



Caesar Salad

Romaine, Parmesan Cheese, Croutons, Creamy Caesar Dressing



Seasonal Salad



Soup du Jour or Chicken Rice Soup Broth-Based Soup With Chicken, Rice, Celery, Carrots, Onion

Shrimp Cocktail Tuesday's Special Served with lemon wedges and cocktail sauce

Appetizer of the Day

## Dinner Entrées

Tuesday's Specials



Grilled Salmon Fillet 40z.Char-Grilled Salmon



Beef Tenderloin Medalions

Beef Tenderloin Steak, cooked to your liking and served with au jus.

# Available Sides



Spring Mix Salad



**Baked Potato** Available for Dinner Only







Vegetable of the Day

French Fries Sweet Potato Fries on Tuesdays

Rice

Coleslaw



Low Sodium



Healthy Brain



Good Source of Fiber



Vegetarian



30g Carbohydrate or Less Per Serving

Please notify your server if you have any food allergies. Daily specials rotate daily and seasonally.

## Everyday Menu



Chef Salad

Crisp Romaine, Diced Turkey, Tomatoes, Hard-Boiled Egg, Shredded Cheddar, Cucumber, Your Choice of Dressing

#### Sandwich Board

Deli sliced Ham, Turkey, Egg Salad, Chicken Salad or Tuna on your choice of bread. Served with lettuce, tomato, onion and pickle

#### Bistro Burger

Beef, Turkey, or Veggie, your choice of Cheese, served on a Brioche Roll, Caramelized Onions, Sauteed Mushrooms, Lettuce, Tomato, Onion and Pickle



Eggplant Rollatini

Thinly sliced and breaded eggplant, fresh spinach, ricotta and mozzarella cheese. Topped with Marinara sauce.

Spaghetti with Meatballs: Veggie or Classic Beef Meatballs Over Spaghetti With Marinara



Butternut Squash and Spinach Pasta



Classic Grilled Cheese

Grilled With American Cheese on White, Wheat or Rye

Flatbread Pizza

Chef's Choice Artisanal Flatbread Pizza





Cottage Cheese and Fresh Fruit

### Beverages

Soda Choice

Coke, Diet Coke, Sprite, Ginger Ale, Orange Soda, Vitamin Water

**Assorted Juices Burger** Apple, Cranberry, Orange

Iced or Assorted Hot Teas

Coffee

Freshly Brewed Decaf or Regular

Lemonade

### Dessetts

Ice Cream



Fresh Fruit Salad

Seasonal Fruit Pies Apple, Peach, etc.

**Assorted Cakes** Lemon, Raspberry, etc.

Dessert of the Day



No-Sugar-Added Dessert Options Available